

“EVERY PERSON HAS A STORY”

Presented by the North Sound Tribal Committee, including members of Lummi Nation, Samish Nation, Stillaguamish Tribe, Swinomish Tribe, the Tulalip Tribes, Upper Skagit Tribe, Sauk-Suiattle Tribe, and Nooksack Tribe.



SITE:

The Conference is held at the Skagit Resort in Bow, Washington, owned and operated by the Upper Skagit Indian Tribe. This facility offers superb cuisine, golf, an indoor pool, and gaming. To reserve a room, please contact the hotel directly and mention the 2010 North Sound Tribal Conference room block to receive the special conference rate of \$85 (single or double occupancy). Please make your reservation by April 12, 2010 to guarantee you will have a room.

Phone: 1-877-2-SKAGIT

Web: www.theskagit.com

Fax: 360-724-0160

REGISTRATION:

Registration is \$120, payable by check or purchase order. We are unable to accept payment by credit card. This fee includes keynote presentations, morning and afternoon workshops, breakfast, lunch and break refreshments. The first 75 paid registrations will get the early bird registration fee of \$95. (PO registrations are eligible for early bird rate).

Note: Two scholarships are awarded to any Tribe with every ten paid registrations at \$120. each.

ACCESSIBILITY:

If you need a reasonable accommodation for a disability, accommodations will be made available upon advance request. Please contact the NSMHA office before April 19, 2010 at 800-684-3555, TTY 360-419-9008.

Five CEU's are available from NSMHA at the conference upon handing in a conference evaluation.



KEYNOTE SPEAKERS

RAY & SHERYL FRYBERG, MSW, are recognized leaders in the Tulalip Tribes community and throughout the Pacific Northwest. They were both raised in the Tulalip community and have been married for 37 years. Both have a wealth of knowledge about Tulalip history, tradition and culture. Ray and Sheryl's journey through life together has been unique in that they have dedicated their lives to serving the Tulalip community. Their knowledge of the Tulalip history and culture as well as their struggles, accomplishments and the joy they have had in their life together will be featured in their presentation. Ray works on behalf of The Tulalip Tribes as the Director of Fisheries. He has devoted more than a decade to researching Tribal cultural studies and social structures throughout the United States and Canada. Sheryl is the Executive Director of Tulalip Human Services as well as a Tulalip Tribal Member. She has worked extensively to promote wellness and healing in the Tulalip community through cultural programs and activities. Ray & Sheryl will present a keynote titled: *“Living a Life that Honors Culture”*.

PRESENTATION

NATIVE VOICES the Center for Indigenous Media at the University of Washington has been producing award winning Native American documentaries for over 10 years. It is a center where students, faculty, and independent producers create documentaries and media research that contributes to the understanding, strengthening, and support of Indigenous people and communities. Native Voices envisions filmmaking from a decolonized, community based, and global perspective. We offer students and producers the opportunity to explore documentary from an Indigenous perspective, and to create projects that speak to critical personal, social and political issues in their lives.

WORKSHOPS



Photo: Cullenphotos, courtesy of PhotoXpress

KARINA WALTERS, MSW, PH.D. (A-1 & B-2) William P. & Ruth Gerberding Endowed Professor School of Social Work. An enrolled member of the Choctaw Nation of Oklahoma, Dr. Walters founded and directs the university-wide, interdisciplinary Indigenous Wellness Research Institute at the University of Washington. A recent recipient of the prestigious Fulbright Award, her research focuses on historical, social, and cultural determinants of physical and mental health among American Indians and Alaska Natives. She serves as principal investigator on several ground-breaking studies associated with health-risk outcomes among

American Indian individuals, families, and communities funded by the National Institutes of Health. She will present a workshop titled: *“Historical Trauma: Creating New Narratives for Healing.”*

TAMMY COOPER-WOODRICH (Nooksack) (A-3) Tammy is a member of the Nooksack Indian Tribe and has enjoyed telling her stories since 1985. She has told stories throughout Washington and even traveled to Port Stephens, Australia last year to share stories with the local schools, government and Aboriginals of that area. Tammy works for a local Tribe as a vocational counselor; working with disabled adults. She enjoys spending time with her family, especially her 9 grandchildren.

Tammy will present her workshop titled, *“Apples and Oranges, what kind of fruit are you?”* When we realize that our lives and our experiences tell a story; what do we do with it? I say we make juice! Let's have some fun discovering the stories of everyone here and see if we can make sense out of our own. If you can, bring your own favorite short story to share or maybe a legend from your homeland.

NATOSHA GOBIN & MICHELLE MYLES (A-2 & B-4), *Natosha Gobin* is a Lushootseed Language Teacher for the Tulalip Tribes. She is a mother of three with baby number 4 being welcomed into the family this Summer. She spends her hours after work teaching the community family classes as well as volunteering at Tulalip Elementary events with the PTSA. She has been teaching Lushootseed to the Tulalip Community for 10 years. *Michelle Myles* is a Lushootseed Language Enrichment Teacher for the Tulalip Tribes. She is a mother of 6 who fills her spare time with continuing her education; she will receive her BA in Liberal Arts with an emphasis in Tribal Government in the near future. She is a Coast Salish Artist, creating paddles, hand drawn art pieces, weavings and much more; and whatever afterschool/weekend activities that her kids are involved in. She has been teaching Lushootseed to the Tulalip Community for 9 years. They will be presenting: *“Oral History-Legends passed down through the generations”*.

JILL LAPOINTE (B-1) Jill La Pointe is from the Nooksack and Upper Skagit Tribes in Washington. In 1988 she earned her MSW from the University of Washington. She has more than 20 years experience, working primarily with Native American communities, including; Upper Skagit Indian Child Welfare program, Swinomish Tribal Mental Health and United Indians of All Tribes Foundation. Jill has also taught her own native language, Lushootseed, through the NW Indian College and is the Director of Lushootseed Research, a non-profit organization founded by her late Grandmother, Vi Hilbert. She currently works at the UW School of Social Work, Child Welfare Training and Advancement Program in the Office of Indian Child Welfare. Her workshop *“Sharing Who We Are”* will incorporate traditional and contemporary storytelling to explore cultural and social identities. Participants will have an opportunity to listen to the native language and engage in small group dialogue around the concepts of storytelling as a form of education and self-reflection.

KIMBERLY MILLER (A-4 & B-3) Kimberly R. Miller, “seathtablu” an enrolled Skokomish Tribal Member is one of the Co-Directors of Tuwaduq Family Services for the Skokomish Tribe and has been employed by the Skokomish Tribe for the past 5 years. Kimberly brings a wealth of cultural experience to her current position and prior to becoming one of the Co-Directors she was the Cultural Wellness Specialist for Tuwaduq Family Services. Kimberly has been a previous instructor for Northwest Indian College instructing students in the techniques of Coastal Salish Basket Weaving. Kimberly has worked with the Seattle Art Museum and the Northwest Indian Treatment Center in Elma, WA. Kimberly is a current member of the Region 6 LICWAC Committee, and has been a Member of the Basket Makers Association since its inception in 1994. Kimberly is the current alternate delegate for IPAC (Indian Policy Advisory Committee) for the Skokomish Tribe.

Kimberly will share her experience of collaborating with various entities including the University of Washington and the Thurston-Mason Regional Support Network (RSN) as well as the State of Washington and the Skokomish Community, in establishing a process of identifying needs, planning, implementing, and sustaining a mental health evidence-based practice for Skokomish Youth and Families.



AGENDA

THURSDAY, MAY 13, 2010

8:00	Registration & Breakfast Buffet
9:00	Opening Blessing Welcome & Introduce MC - Chuck Benjamin Introduction of Keynote Speaker - Rudy Vendiola
9:30	Morning Keynote - Ray & Sheryl Fryberg
10:30	Break
10:45	Session A Workshops A-1 Dr. Karina Walters A-2 Natosha Gobin & Michelle Myles A-3 Tammy Cooper-Woodrich A-4 Kimberly Miller
12:30	Blessing & Lunch Buffet
1:15	Introduction of Keynote Speaker - Rudy Vendiola
1:30	Afternoon Presentation - Native Voices
2:30	Break
2:45	Session B Workshops B-1 Jill LaPointe B-2 Dr. Karina Walters B-3 Kimberly Miller B-4 Natosha Gobin & Michelle Myles
4:30	Closing Ceremonies - Rudy Vendiola

Are you an artist or do you want to display information on your organization?
Space for Vendor booths is available. \$25 for a 6 foot table.
Priority will be given to Native American vendors. First come, first served on a paid basis. For questions please call 360-416-7013/1-800-684-3555.



REGISTRATION

Name: _____

Organization: _____

Address: _____

City/State/Zip: _____

Phone: _____

Email: _____

CONFERENCE REGISTRATION FEE: \$120

- Regular Registration fee \$120.
- Early Bird Registration!!
For the first 75 paid registrations or until April 15th we are offering a discounted registration fee of \$95. (PO registrations are eligible for early bird rate)
Register now they will go fast!!

Please mail Check or Purchase Order (credit cards not accepted) information to address below.

- Please register me FREE as one of my Tribe's two scholarship

Please check one workshop you want to attend for each session.
If you have questions, please call: 360-416-7013.

SESSION A

(10:45 am)

- A-1 Dr. Karina Walters
- A-2 Natosha Gobin & Michelle Myles
- A-3 Tammy Cooper-Woodrich
- A-4 Kimberly Miller

SESSION B

(2:45 pm)

- B-1 Jill LaPointe
- B-2 Dr. Karina Walters
- B-3 Kimberly Miller
- B-4 Natosha Gobin & Michelle Myles

Mail to: 2010 Tribal Conference
North Sound Mental Health Administration,
117 North First Street, Suite 8
Mount Vernon, WA 98273

Fax to: 360-416-7017

NEED MORE REGISTRATION FORMS?
GO ONLINE: WWW.NSMHA.ORG

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US
POSTAGE
PAID
SAM INC

North Sound Mental Health Administration
Regional Support Network for Island, San Juan, Skagit, Snohomish, & Whatcom Counties
117 North First Street, Suite 8
Mount Vernon WA 98273



Photo: Allen Penton, courtesy of PhotoXpress.com

10th Annual North Sound
Tribal Mental Health
Conference



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Skagit Resort, Bow, Washington



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