

## MEMORANDUM

**TO:** NSRSN Advisory Board Members and  
All Interested Parties

**FROM:** Rae A. Benjamin, NSRSN Office Manager

**RE:** Meeting Information

**DATE:** April 10, 2000

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Please note the next meeting of the NSRSN Advisory Board will be held on:

**Tuesday April 18, 2000  
North Sound Regional Support Network  
Conference Room  
117 North 1<sup>st</sup> Street, Suite 8  
Mount Vernon, WA  
9:15 a.m.**

The Advisory Board Packet is attached for your review. I look forward to seeing you there.

**For Special Disability accommodation needs, please call me at (360) 416-7013, ext. 222 at least 48 hours in advance, if possible.**

**NORTH SOUND REGIONAL SUPPORT NETWORK  
ADVISORY BOARD MEETING**

**North Sound Regional Support Network  
Conference Room  
117 North 1<sup>st</sup>. Street, Suite 8  
Mount Vernon, WA  
April 18, 2000  
9:15 AM**

**AGENDA**

1. Call to Order; Introductions – Chair
2. Revisions to the Agenda – Chair
3. Approval of March 2000 Minutes – Chair
4. Comments from the Public - Chair
5. Correspondence – Chair
6. Comments from the Chair
7. Old Business
  - a) Community Mental Health Services/Cookie Creations
  - b) Executive Director's Report – Merle Adrian, NSRSN Executive Director
  - c) Budget Committee – Dan Bilson, Chair
  - d) QRT Report (See Attachment A)
  - e) QMOC Report
    - Critical Incident Subcommittee
    - Outcomes Subcommittee
    - Quality Management Plan 2000 Subcommittee
    - Caseload Study
    - Other
  - f) Tribal Report
  - g) Consumer to Provider Educational Project

8. Subcommittee Reports
10. Comments from County Advisory Board Representatives
11. Comments from Consumers and Public
12. New Business
  - a) Consent Agenda - Merle Adrian, Executive Director
  - b) Action Items – Merle Adrian, Executive Director
  - c) Motions Yet To Be Approved – Merle Adrian, Executive Director
13. Other Business
14. Executive Session
15. Adjournment

**NOTE:** The next Advisory Board meeting will be May 16 at 9:15 a.m. at the North Sound Regional Support Network Conference Room, 117 North First Street, Suite 8, Mt. Vernon, WA 98273.

**NORTH SOUND REGIONAL SUPPORT NETWORK  
ADVISORY BOARD MEETING**

**North Sound Regional Support Network  
Conference Room  
117 North 1<sup>st</sup> Street, Suite 8  
Mount Vernon, WA  
March 14, 2000  
9:15 a.m.**

**MINUTES**

**Members Present:**

Dan Bilson, Chair	Kay Day
Dave Ashton, Vice Chair	Mary Good
Chuck Albertson	Janet Lutz-Smith
May Covert	Betsy Rogers
Lorelei Coy	Josselyn Winslow

**Members Absent:**

Amy Ayers	Dean Stupke
Joan Lubbe	Chris Walsh
John Patchamatla	

**Members Excused:**

Joan Bowers	Eileen Rosman
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**NSRSN Staff Present:**

Merle Adrian, Rae Benjamin, Sharri Dempsey, Robin Grupper

**Guests:**

Griff Covert, Jere LaFollette, Debbie Holk, Molly Houlihan, Kris Laaninen, Patty Miller, Vicki McCarty

**1. Call to Order; Introductions**

Chair Bilson called the meeting to order at 9:16 AM. Introductions were made around the room.

**2. Approval of January 2000 Minutes – Chair**

A motion was made, second and approved to accept the minutes as written.

### **3. Comments from County Advisory Board Representatives**

Whatcom County: The Mental Health Advisory Board meet March 13 with the full board present. Public forums will be held in April for input to the RFP process in order to discuss the needs of the community and to hear the interests of consumers, providers, and advocates regarding programs that will help fill the gaps in services. Board members are working on bylaw revisions. There has been significant success with the newspaper in printing articles about mental illness and being mentally ill in our society and what that means for the society and the prison system. Board members want to meet with Editorial Board of the Bellingham Herald to give them more information regarding topics they would like addressed in future issues. Whatcom Counseling and Psychiatric Center made a presentation that covered each division within its agency.

Skagit County: The Mental Health Advisory Board met on March 13 after the Local Oversight Committee meeting. Debbie Sparks gave a presentation about a new program which works with people who have borderline personality disorders. The Board also discussed the situation at Western State Hospital and the possible fine that may be assess the NSRSN for being over their bed allotment. The Advisory Board will be sending a letter to MHD urging them to increase the bed allotment for the North Sound region. Children services were also discussed. An announcement was made regarding a community meeting to be held on Saturday, March 18 at the Presbyterian Church in Mt. Vernon. The topic for this meeting is homelessness and local officials and the public was invited.

Island County: No report was available for Island County in particular, however announcements were made for the region in general. In May, Western State Hospital Advisory Board will hold a public meeting in Snohomish County. Details will be announced at a later date. On May 5, a NAMI meeting will be held in Stanwood. Staff from the Mental Health Division, Western State Hospital, and the PALS Program will be present to discuss educating the region about the PALS program.

San Juan County: No report was available.

Snohomish County: The Mental Health Advisory Board met on the evening of March 13. A representative of Compass Health came and spoke on the success of their homeless program and how attendance is growing. Word of the success of the Advisory Board Retreat has trickled down and Snohomish County is now planning their own county board retreat. Peer organized, self expression workshops are being planned and will be facilitated by Sean Johnson. Mental professionals will staff the workshops in order to assist with facilitating these workshops. Mr. Johnson can be reached at (425) 316-9935.

#### **4. Revisions to the Agenda – Chair**

There were none

#### **5. Comments from the Public - Chair**

Kay Day raised the issue of a complaint against the RSN for a violation of a consumer's confidentiality. The issue has gone before the Mental Health Division but has not come before the Advisory Board or the Board of Directors and she expressed concern about this process.

Mr. Adrian stated that legal counsel has been involved and he could not discuss this issue unless the consumer signed a release. He said that fair hearings go before an administrative law judge. He stated this is in the first step of a legal process.

The Ombuds department is also serving the consumer and the Ombuds will give a report, but will not be able to give the specifics of the case. Mr. Bilson stated that there would also be a comment in the Ombud's monthly report.

There was discussion regarding the confidentiality issue and Ms. Coy asked if there were any way to design a Release of Information exclusive to the Advisory Board to allow discussion.

Mr. Adrian informed the Advisory Board that he would invite legal counsel to meet with the Advisory Board to discuss the legal ramifications.

A Motion was made and seconded to invite legal counsel to the next Advisory Board meeting to discuss the issue of confidentiality during Executive Session. An Amendment to the Motion was made and seconded to include Ombuds participation at the next Advisory Board meeting. There was a Call for the Question. The motion was approved unanimously.

Mr. Adrian will invite legal counsel to the next meeting.

#### **6. Correspondence – Chair**

Mr. Bilson stated that he received correspondence regarding the resignation of Pat Littlewood and Connie Buckley from the NSRSN Advisory Board, effective immediately.

Mr. Bilson received a fax from the RSN relative to presentation by Dr. Alan Weisser and Barbara Starr on youth in the juvenile justice system and functional therapy. Because of the extensive agenda at today's meeting, this presentation will be planned for a later date. Ms. Starr is from San Juan County and Mr. Bilson

suggested that a future meeting be scheduled in San Juan County. This would be an ideal time to have this presentation on youth therapy.

Mr. Bilson reviewed the membership of all subcommittees and asked that the names be recorded in the minutes.

**Citizens Concerns:** Dave Ashton, Kay Day, John Patchamatla, Lorelei Coy and Dan Bilson.

**Ombuds Liaison:** Chuck Albertson, Janet Lutz-Smith, Joan Lubbe and Lorelei Coy.

**Children's Services:** Eileen Rosman, Janet Lutz-Smith, Betsy Rogers and Dan Bilson.

**Older Adults:** Mary Good, Joan Bowers, Josselyn Winslow, and Eileen Rosman.

**PACT Clubhouse:** Chuck Albertson and Kay Day.

**Ethnic Outreach:** John Patchmatla and Kay Day.

**Site Visitation:** Joan Lubbe, Mary Good, Eileen Rosman, and Lorelei Coy.

**Finance Committee:** Janet Lutz-Smith, Mary Good, Lorelei Coy, and Dan Bilson.

Mr. Bilson stated that the Finance Committee needs volunteers to develop the Advisory Board Budget for 2000. A motion was made and approved during the Finance Committee to extend the 1999 budget until a new 2000 budget is developed. The budget workgroup will consist of the Finance Committee members but additional volunteers are needed.

There was discussion regarding the time commitment and the possibility for a conference call which can be arranged through the NSRSN.

Ms. Coy encouraged the Advisory Board to consider increasing the amount of money in the budget to support additional dollars for a statewide Advisory Board. There is a great deal of interest statewide to develop this board. Ms. Coy stated that seed money could come from the Office of Consumer Affairs and the NSRSN Advisory Board could be the catalyst for this conference.

Ms. Winslow reported that the mental health and aging have visited several of the RSN in the state. It has been extremely interesting seeing the differences in board set-ups and the amount of cooperation and input from the citizens. She stated that it is her understanding that President Clinton has set aside an amount of one-time

dollars to be used in the next fiscal year to facilitate collaboration for statewide Advisory Boards.

Mr. Bilson stated that the Board of Director is having their mental health conference on March 23 and 24. The Advisory Board Chair and Vice Chair are invited to this conference.

## **7. Comments from the Chair**

Mr. Bilson requested that Advisory Board members provide coordination with consumers and providers in their counties for input and participation at these meetings. A mandate of this Advisory Board is to hear from and advocate for consumers. There is a budget item for travel reimbursement for Advisory Board travel. These forms are on the table and in Advisory Board books.

Ms. Coy commended Mr. Bilson for attending the Snohomish County Advisory Board.

On April 29, NAMI of Washington State has scheduled a children's conference in Vancouver, Washington. More information will follow.

Mr. Bilson stated that the one thing he would like to see in every county is the jail liaison program. Whatcom County is building a new facility and there is discussion of incorporating a portion of this new facility for housing case management services.

A short break was taken to recognize Robin Grupper, Ombuds, who has taken another job in Oregon. Ms. Grupper stated she is moving to Salem, Oregon to take a job as consumer affairs specialist for a five (5) county region. She is very excited and very grateful for the experience and training she has received at the NSRSN. She extended her best wishes to the RSN and thanked the Advisory Board members for all their support. Mr. Bilson presented a certificate to Robin and invited the public to enjoy cake.

## **8. Old Business**

### **a) Confidentiality/Superior Court Ruling**

Mr. Adrian reported that as of yesterday, there is still no ruling from the state Supreme Court.

### **b) Budget Committee – Dan Bilson, Chair**

This report was given earlier in the meeting.

### **c) RSN Advisory Board Training Subcommittee – Lorelei Coy**

Retreat summaries from Amanda Madorno & Sharri's Dempsey were distributed. Ms. Coy also distributed a pamphlet from the League of Women Voters regarding simplified parliamentary procedures. The presentation on Roberts Rules did not occur as the presenter was unable to attend. Advisory Board members spent much of their time working on the goals and objectives for the coming year.

Ms. Coy stated she would like to hire Ms. Madorno for one follow up retreat to be held at a later date. She would also like to have a presentation on Roberts Rules of Order, stating there would be a \$100 per hour fee. Ms. Madorno's fee for this follow-up retreat is \$100 per hour for up to 25 people. She will conduct a two (2) hour training for \$300, which includes a pre-retreat meeting for planning purposes. Ms. Coy would like Finance Committee to look at and consider this proposal.

Ms. Coy asked everyone to look at the display boards on the table against the wall. These boards look at the duties of the Advisory Board, what inspiration motivates members, and the goals of the Board. She urged everyone to read the inspirational messages included in the displays.

Ms. Day recognized Ms. Coy's work on putting together the Advisory Board Retreat, stating she deserves a thank you for the tremendous amount of work she did in planning this event.

Chuck Albertson supported Ms. Coy's recommendations that this work continue.

A motion was made and seconded that the Advisory Board to hire Amanda Madorno to conduct a follow-up retreat in August or September. The motion was unanimously approved.

A motion was made to contact other Advisory Boards throughout the state and invite them to come to the North Sound Regional Support Network. It was suggested that a statewide conference be arranged for Advisory Boards and this could be arranged in conjunction with a NAMI conference being held in Ellensburg in May. There being no second, this motion was referred back to Site Visitation Committee for review. A recommendation will be presented at next month's meeting.

Mr. Adrian stated that the RSN has come a long way in the last few years but that there is currently a perception that this Advisory Board is separating itself from the NSRSN staff. There are also concerns that the RSN is not involving county staff or providers in their activities. He urged the Advisory Board to ensure that we not lose the partnerships with the entire system. Discussion followed.

Mr. Bilson stated that there is a three (3) person Advisory Board Executive Committee and he recommends they meet bi-monthly with Mr. Adrian to discuss

ways to address these perceptions. Mr. Bilson appointed Lorelei Coy to be on Executive Committee along with Dave Ashton and himself.

This Executive Committee would act on the Advisory Board's behalf with Mr. Adrian and staff. He complimented the wonderful work done by staff and expressed the hope that there was a feeling of cooperation between the Advisory Board and the RSN.

Ms. Coy offered her assistance in the development of a library for the Advisory Board to be located at the RSN. A committee will be developed to identify critical documents for inclusion in the library.

**Due to time commitments of presenters, agenda item #11b, New Business, Cookie Creations, was moved forward on the agenda.**

A copy of a letter was distributed to Advisory Board members on behalf of Cookie Creations, stating that Community Mental Health Services will no longer be able to subsidize Cookie Creations.

Kris Laaninen stated that this is an innovative consumer owned business and gave a brief history on its creation. She reported that an operating grant initially underwrote the costs of professional baker and equipment. Cookie Creations has been unsuccessful in bringing the vision to reality and a decline in participation to support the program was noted.

Ms. Laaninen is asking the Advisory Board to consider using funds from the consumer projects of \$1200 per month which would be matched by county millage dollars. The expenses are currently \$80,000 per year for a baker, the lease, and staff time. Grant funds totaled \$69,400 in the last year of funding. Revenue is at \$21,500. Letters have been written to various businesses asking for their support in the form of money, business consultation services and/or other assistance.

Molly Houlihan addressed the Advisory Board stating that Cookie Creations and Alchemy are consumer run businesses in Island County and if these programs are lost, they will die. She stressed the importance of this program as it provides skill to consumers which leads to heightened opportunities in their lives.

Beth Bentley is an employee of CMHS and works with the consumers at Cookie Creations. She acts in an advisory capacity to assist the 22 consumers who provide over 4,000 hours of work.

Discussion followed regarding the recently awarded Consumer-Oriented RFP process, the request for community assistance, other ways of supporting Cookie Creations, and the reason for declining consumer participation.

Ms. Laaninen stated that due to CMHS' commitment to Cookie Creations, they have not wanted to admit that they may have to stop subsidizing this program. She apologized to the Advisory Board for not bring this issue to them sooner. She offered to bring month-to-month plans and reports back to this Board.

Mr. LaFollette stated that APN has not been approached for assistance as PHP revenue is divided among all APN providers and no reserve is allocated for Cookie Creations. The money is distributed as it is received. Cookie Creations is asking for one-time money to support this program, as they want the opportunity to work together for next 6 months to develop a plan for future funding.

Members asked for a business plan for the next six (6) months which would assist the Advisory Board in developing criteria that would help members decide what priorities and issues this project fulfills. It was recommended that this go to Budget Committee for its recommendation. Cookie Creations can provide the business plan within 2-3 weeks.

A Motion was made and seconded that the Advisory Board fund Cookie Creations to provide 2 months of funding after review of a business plan to be submitted at the next Advisory Board meeting. Discussion continued.

There was a call for the question: Motion carried with 8 Ayes, 1 Opposed, and 1 Abstention.

d) QMOC Report

QMOC will meet on Thursday, March 16 and continue its work in the following areas:

- Critical Incident
- Outcomes
- Quality Management Plan 2000
- Caseload Study

e) Ombuds Report – Sharri Dempsey

Ms. Dempsey reviewed the Ombuds report and will check on answers to questions regarding residential issues in the counties.

f) Tribal Report – Sharri Dempsey

Ms. Dempsey stated that Board of Directors passed the 7.01 plan. Additional copies are available on request.

She informed the Advisory Board that the Tribes have announced throughout the state that the NSRSN is the top RSN for providing services to tribal members, listening to the tribes and trying to understand the process.

Ms. Dempsey reminded everyone of the FAS/E training for tribes which will be held on March 22 and stated that the APN, county providers and Advisory Board members are invited to attend. She distributed a brochure to all.

A request was made for a breakdown on number of enrollees in different tribes in our region as opposed to other regions. Ms. Dempsey has this information and will distribute it to Advisory Board members.

## **9. Subcommittee Reports**

Reports were given previously in the meeting. If you have questions, please call Mr. Bilson.

## **10. Comments from Consumers and Public**

Mr. LaFollette announced that on April 4, from 9:30 to 11:00 AM, the consumer/NSRSN/APN collaborative group meetings would resume in the NSRSN Conference Room. The topic for this meeting is housing. Formal announcements will be sent out.

## **11. New Business**

### **a) Executive Director's Report – Merle Adrian, NSRSN Executive Director**

The Strategic Planning Committee is gathering information and will be conducting public forums in each of the five (5) counties. More information will follow on the dates, times and places for these public meetings.

The Mental Health Division has decided that, effective March 1, it will allocate beds to the various regions from Western State Hospital by a formula that we feel is grossly inequitable. The NSRSN has lodged a protest both with MHD, DSHS, the Legislature, and the Governor's office. The NSRSN is prepared to request that the court system offer a temporary restraining order on any decision that will have an adverse effect on the region's consumers.

He stated that he has asked the Contracts/Finance Department to include members from the regional and county Advisory Boards to participate in the onsite audits of providers. A training will be conducted in April.

Mr. LaFollette extended his appreciation to the NSRSN and Mr. Adrian for their leadership on the Western State Hospital issue.

b) Cookie Creations

This presentation was given earlier in the meeting.

c) NSRSN Board Consent Agenda

1. To review and approve NSRSN claims paid from February 2000 to February 29, 2000. Total dollar amount of warrants paid in February 2000: \$2,965,036.53. Total February payroll of \$66,631.68 and associated benefits of \$17,794.04.
2. To authorize NSRSN to develop and publish Request for Proposal (RFP) for janitorial services of NSRSN offices located at 117 N. First Street, Mount Vernon Washington and to authorize the NSRSN Executive Director to contract with the successful bidder (the bidder whose proposal is most advantageous to the NSRSN), effective July 1, 2000 through June 30, 2001.
3. To authorize NSRSN Staff to solicit private foundations and other funding resources in order to secure funding for a Mobile FAS/E (Fetal Alcohol Syndrome/Fetal Alcohol Effects Disorders) Diagnostic Unit that would travel between the eight tribes within the NSRSN Service area.

*The closest Medicaid reimbursement Diagnostic Centers are in Seattle; the University of Washington and Children's Hospital. Both currently have a waiting list of up to two years for FAS/E diagnostic testing. Recent nation-wide statistics indicate that up to 40% of the Tribal populations may be affected by FAS/E. Individuals diagnosed with FAS/E have behavioral disorders that mirror those of children, adolescents and adults who are emotionally disturbed/mentally ill.*

A motion was made and seconded to approve the Consent Agenda. Motion carried.

d) NSRSN Board Action Items: 3/23/00

1. To authorize NSRSN Executive Director to enter into contract amendment NSRSN-APN-99-10-01 (5) with Associated Provider Network for Children's Hospital Alternative Program Services (CHAP) effective April 1, 2000 through December 31, 2000. Maximum consideration for this nine (9) month statement of work would not exceed \$518,193.

*As a result of the concluded NSRSN/DCFS CHAP review, the NSRSN Review committee and staff recommend entering into a nine (9) month contract with APN for CHAP services as stated in attached Statement of Work. The NSRSN CHAP Negotiating Team has successfully negotiated this CHAP Statement of Work with Associated Provider Network (APN).*

Motion made and seconded to approve the motion. Motion carried.

2. To authorize NSRSN Level of Care Manual, Revision #1, as attached.

*As stipulated in Contract NSRSN-APN-99-10-01, the NSRSN was to delegate hospital extension authority to APN upon approval of APN's Hospital Extension Plan. Effective January 1, 2000 the delegation of hospital extension authority was transferred to APN. The LOC Manual revision is made in order to be consistent with this delegated responsibility.*

Motion made and seconded to approve the motion. Motion carried.

3. Mr. Adrian stated that an addition to the Action Items as presented to the Board of Directors will include a professional services contract to facilitate the Board Mental Health Conference to be held on March 23 and 24. Negotiations are continuing with this contractor and are expected to be complete by the time the Board meets on March 23.

e) Motion Not Yet Reviewed By Advisory Board

1. To introduce the revised NSRSN Personnel Policies and Procedures Manual.

*The NSRSN Personnel Committee has reviewed the Revised NSRSN Personnel Policies and Procedures Manual, prepared by Rae Benjamin and The Washington Firm in December, 1999. It is anticipated that the Personnel Committee will introduce their recommended NSRSN Personnel Policies and Procedures Manual to the Board of Directors at their March 2000 meeting.*

f) Jail Diversion

This issue was discussed previously.

g) Additional Funding for Unmet Patient Needs

A motion was made and seconded that Board of Directors reconsider their policy of direct pass through of additional dollars and consider putting those dollars into areas of unmet need. Discussion followed.

This motion was tabled until next month as there was no quorum due to the fact that some Advisory Board members have left today's meeting.

h) Advisory Board Requirement to Hold Meetings in Each County.

Mr. Bilson asked for volunteers from the counties to assist in setting up meetings in each of the other four (4) counties. He stressed the importance of participating in these county visits. He suggested that Advisory Board members take this back to their individual county Advisory Boards and get recommendations.

16. **Other Business/Good of the Order**

Ms. Coy commended staff on the quality of the newsletter as she feels it outshines other newsletters she has received. She also commended Beckie Bacon on her article in this quarter's newsletter. Ms. Coy thanked all who were involved in putting the newsletter together.

17. **Adjournment**

A motion was made, seconded and approved to adjourn the meeting at 12:20 PM.

Respectfully submitted,

Rae Benjamin

Edited by Merle Adrian

## MEMORANDUM

DATE: March 31, 2000  
TO: NSRSN Advisory Board  
FROM: Marcia Gunning  
Contracts Compliance & Financial Services Manager  
RE: April 27, 2000 NSRSN Board Agenda

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Please find for your review and comment the following that will be discussed with the Board of Directors brought forth at the April 27, 2000 NSRSN Board Meeting.

### **CONSENT AGENDA**

1. To review and approve NSRSN claims paid from March 1, 2000 to March 31, 2000. Total dollar amount of warrants paid in March 2000 \$ (not available at this time). Total March payroll of \$(not available at this time), and associated benefits.
2. To authorize the NSRSN Finance Department to make the following adjustments to the 1999 Budget:
  - Transfer \$15,500 from Salaries to Machinery and Equipment,
  - Transfer \$17,000 from County/Agency Professional Services to Other Improvements (leasehold),
  - Transfer \$9,700 from County/Agency Professional Services to Machinery and Equipment.

*Final reconciliation of NSRSN Administrative Budget to Actual requires the above transfers between line items. Per NSRSN Fiscal Policies and Procedures these line item transfers require Board approval.*

### **ACTION ITEMS**

1. To authorize implementation of the revised NSRSN Personnel Policies and Procedures Manual introduced at the March 23, 2000 Board of Director's Meeting. (Attachment B)

*The NSRSN Personnel Committee has reviewed the Revised NSRSN Personnel Policies and Procedures Manual, prepared by The Washington Firm in December, 1999. The Personnel Committee introduced the attached NSRSN Personnel Policies and Procedures Manual with their*

*recommendation for approval to the Board of Directors at their March 23, 2000 meeting.*

2. To authorize NSRSN Executive Director to enter into contract amendment NSRSN-Whatcom-99-05 amendment 1, effective May 1, 2000 through June 31, 2001, with Whatcom County authorizing Whatcom County to proceed with an RFP to pilot an innovative Co-occurring Disorder (MICA) Program to serve the needs of the most at risk MICA clients in Whatcom County. Maximum consideration for this amendment shall not exceed \$52,726. (Attachment C)

*NSRSN Board of Directors carved \$250,000 from the 1999-2001 PHP revenue for Board authorized innovative/special projects. Whatcom County is requesting the Board authorize release of those dollars "allocated" for Whatcom County in order to let an RFP for Co-Occurring Disorders/MICA Services and enter into a contract with the successful respondent*

## **INTRODUCTION ITEMS**

1. To introduce Contract Amendment NSRSN-Skagit-99-03 amendment 1, effective June 1, 2000 through June 31, 2001, with Skagit County authorizing Skagit County to subcontract with Community Mental Health for adult MICA services. Maximum consideration shall not exceed \$39,855. (Attachment D)

*CMHS has operated a MICA program within Skagit County for the past 10 years. Staff are dually certified mental health and chemical dependency counselors. In late 1998 the program lost staff and suffered a severe cutback in service. In March of 1999 the program hired a new dually qualified counselor who has worked for the last year to put the MICA program back on track. In the fall of 1999 a second dually qualified clinician was hired and full services to the MICA caseload were resumed. It has been the intent of Skagit County that the funds allocated to Skagit County from the Board Designated Mental Health Services Projects be provided to CMHS in order to assist their MICA Program.*

In addition, attached please find the monthly mental health services and funding report presented to the Board at the March 23, 2000.

If you have any questions or concerns you would like to discuss prior to the meeting, please do not hesitate to contact me.

cc: NSRSN Board of Directors  
Merle Adrian  
County Coordinators  
NSRSN Management Team

