

# North Sound Mental Health Administration

Regional Support Network for Island, San Juan, Skagit, Snohomish, and Whatcom Counties

117 North First Street, Suite 8 • Mount Vernon, WA 98273 • 360.416.7013  
800.684.3555 • Fax 360.416.7017 • TTY 360.419.9008 • Email [nsmha@nsmha.org](mailto:nsmha@nsmha.org) • Web Site <http://nsmha.org>

NSMHA Contract Memorandum 2010-014

Date: August 17, 2010

To: Tom Sebastian, CEO, Compass Health  
Donna Konicki, Bridgeways  
Michael Watson, Lake Whatcom RTC  
Dean Wight, Whatcom Counseling and Psychiatric Center  
Rod Elin, Catholic Community Services Northwest  
Claudia D'Allegrì, Sea Mar  
Ken Stark, Snohomish County Human Services Director  
Phil Smith, Volunteers of America  
Richard Sprague, Interfaith  
Sue Closser, CEO, Sunrise Services

From: Chuck Benjamin, Executive Director

Subject: Revised/new policy/document

Enclosed are two NEW Clinical Guidelines – “Differential Diagnosis Guideline for Childhood and Adolescent Behavioral Disturbances” and “Guidelines to Person-Centered Recovery and Resiliency”. Please inform your staff that these are now approved and available on NSMHA’s website. Thanks to everyone who developed and made suggestions to refine these guidelines. NSMHA will review the guidelines in two years. These were approved by Quality Management Oversight Committee July 28, 2010.

This revised/new policy/document will be available on the NSMHA website at [www.nsmha.org](http://www.nsmha.org) for your future reference.

Please ensure this revised/new policy/document is implemented at your agency within 60 days.

cc: Cindy Ainsley, Bridgeways  
Heather Fennell, Compass Health  
Kathy McNaughton, Catholic Community Services  
Kay Burbidge, Lake Whatcom  
Pamala Benjamin, Whatcom Counseling and Psychiatric Center  
Pat Morris, Volunteers of America  
David Small, Sea Mar  
Anne Larson, Interfaith  
Rebecca Clark, Mental Health Program Coordinator Skagit County  
Barbara LaBrash, San Juan County Coordinator  
Anne Deacon, Whatcom County Coordinator  
Jackie Henderson, Island County Coordinator  
Susan Schoeld, Snohomish County Coordinator  
Contract File